

# TEC Affiliations

The TEC Conference is justifiably proud of its long-standing and mutually beneficial affiliation with the two most notable **Catholic** youth & **young adult** ministerial organizations in North America:

- National Federation for Catholic Youth Ministry
- National Catholic Young Adult Ministry Association

- The TEC retreat should **inspire and empower young adults** to return to their home parishes and search out opportunities for spreading their faith.
- TEC envisions an adult faith community, whose members are well **developed spiritually and bonded together** in a vital faith vision, as they share their personal striving for holiness with youth and young adults.
- The ultimate goal is to **create in young adults** a joyful faith vision and a profound desire to be of service.



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# TEC & CAMPUS MINISTRY

## EMPOWERING YOUNG ADULTS



A Catholic Movement  
of Spirituality for  
Older Adolescents  
and Young Adults

# who are Young Adults

Young adults are people in their late teens, twenties and thirties; single, married, divorced or widowed; and with or without children. They come from diverse cultural, ethnic, educational, vocational, social, political and spiritual realities.

Concerns of young adults can be grouped into four key areas.

1. *Developing Personal Identity*
2. *Developing Relationships*
3. *Developing a Meaning off Work*
4. *Developing a Spiritual Life*

\* United States Conference of Catholic Bishops, Sons and Daughters of the Light, 1996, Part I pgs. 7-13



# TEC Young Adult Ministry

In summary, there is a strong compatibility between TEC and young adult ministry's goals to:

- **Foster** a relationship with Jesus Christ leading to Christian maturity.
- **Welcome & Promote** participation in the life and mission of the Christian community.
- **Embrace** the mission of Christ in the world today leading to the transformation of society.
- **Prayer and Worship** awakens awareness of the Spirit moving in their life.
- **Develop** relationships and communities of support who share similar values and beliefs.

To a large extent, the effectiveness of the TEC Movement with young adults depends on the leaders within the local community and their ability to:

- **Know** their audience and have some understanding of the developmental tasks of young adults.
- **Provide** guidance and support for young adults in searching faith through the various aspects described above that are appropriate to the TEC Movement.
- **Create** environments and practices for effective ministry to young adults.

# a meaningful Experience

How does one find words to adequately describe a meaningful experience?

- **A TEC weekend encounter** is a three-day encounter consisting of a series of meditations, discussions, sacramental liturgies and paraliturgies, as well as time for socializing, singing, reflection and recreation.
- TEC is a wonderful **opportunity to take a break** from the routine and time pressures of everyday life while providing an occasion to look at one's life, relationship with God, goals and growth as a Christian.
- TEC is an experience of the **Paschal Mystery of Jesus Christ** as the Church has her people live that experience in the Lent-Easter-Pentecost experience and liturgies.

